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## **Lily Organics Celebrates Organic Harvest Month**

**Henderson, CO** - The month of September highlights 'Organic Harvest Month,' which was implemented by the Organic Trade Association in 1992. This acknowledgement allows consumers and retailers alike to celebrate organic products and make others aware of their benefits. A large benefit to organic products is the fact that they are chemical-free. With the growing concern of cancer, and which products can cause cancer, organic products can help reduce that concern.

Organic products can include food and clothing, to makeup and skin care. Being aware of what you are putting in your body is just as important as what you put on your body. For nearly 25 years, Lily Organics Dew Fresh Skin Care has understood the importance of natural, organic ingredients, which is why they never use any chemicals in their skin care products. Lily Organics grows its own ingredients for its products on its USDA Certified Organic farm, because, as owner Lily Morgan states, "ingredients are everything."

Being Organic doesn't always mean you have to spend a lot of money on organic products, including skin care. Celebrate Organic Harvest Month by going into your own garden and using some of the abundance of your harvest to create your own skin care. Here are a few ideas:

1. Create a Tomato mask: Tomato helps tone skin, encourages circulation and is rich in anti-oxidants.
2. Use Cucumbers as eye pads: Cucumbers help reduce puffiness on the skin around your eyes.

Lily Morgan is the author of *Beauty, Health, and Happiness: A way of Life*. She is the founder and formulator of Lily Organics, Fresh, Chemical-free skin care line of facial care products. You can reach her at her website [www.lilyorganics.com](http://www.lilyorganics.com). 303- 668-1128.